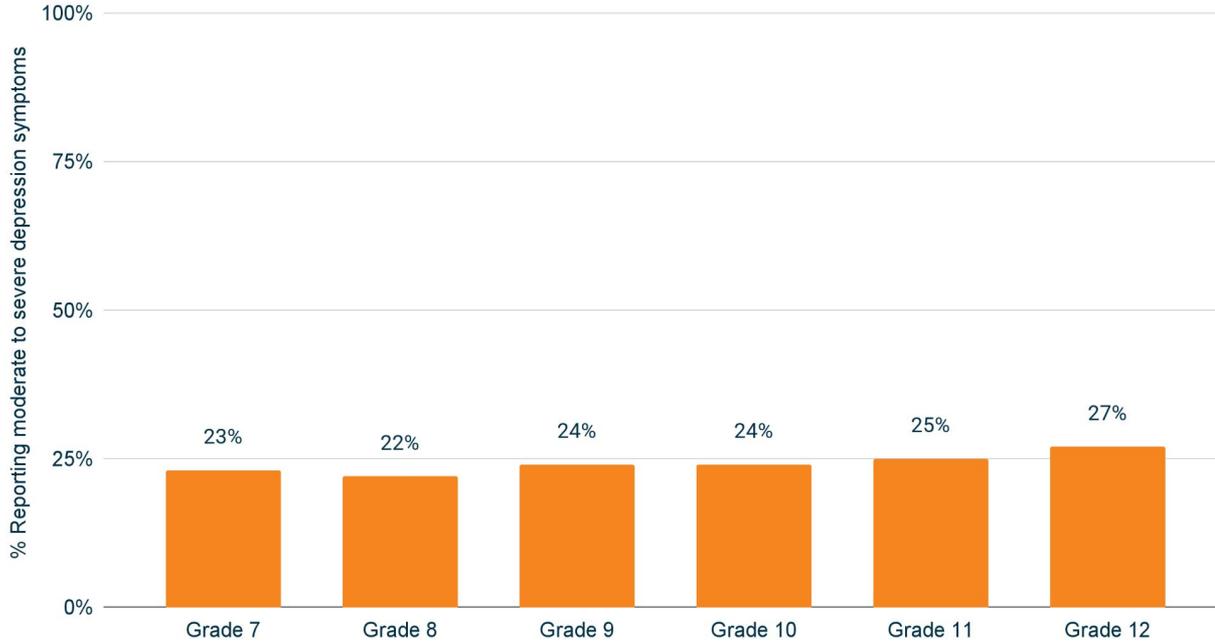
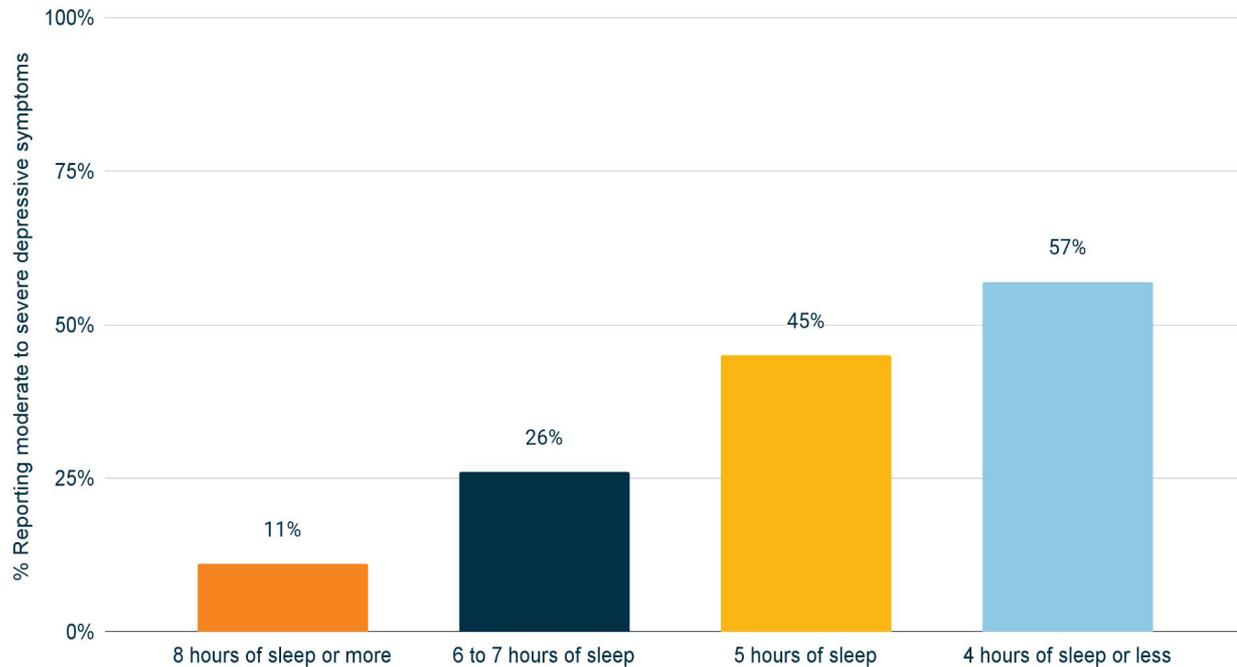


# Depression by Grade



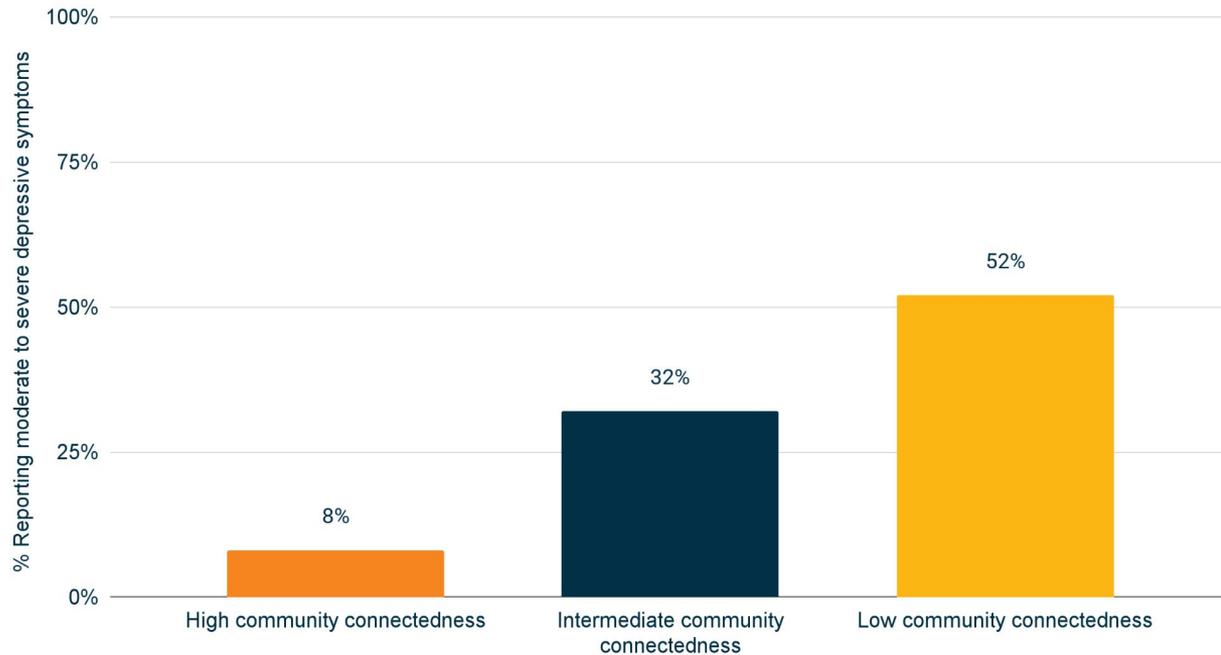
**Depression rates are above the national average in each grade.**

# Sleep Protects Teens from Depression



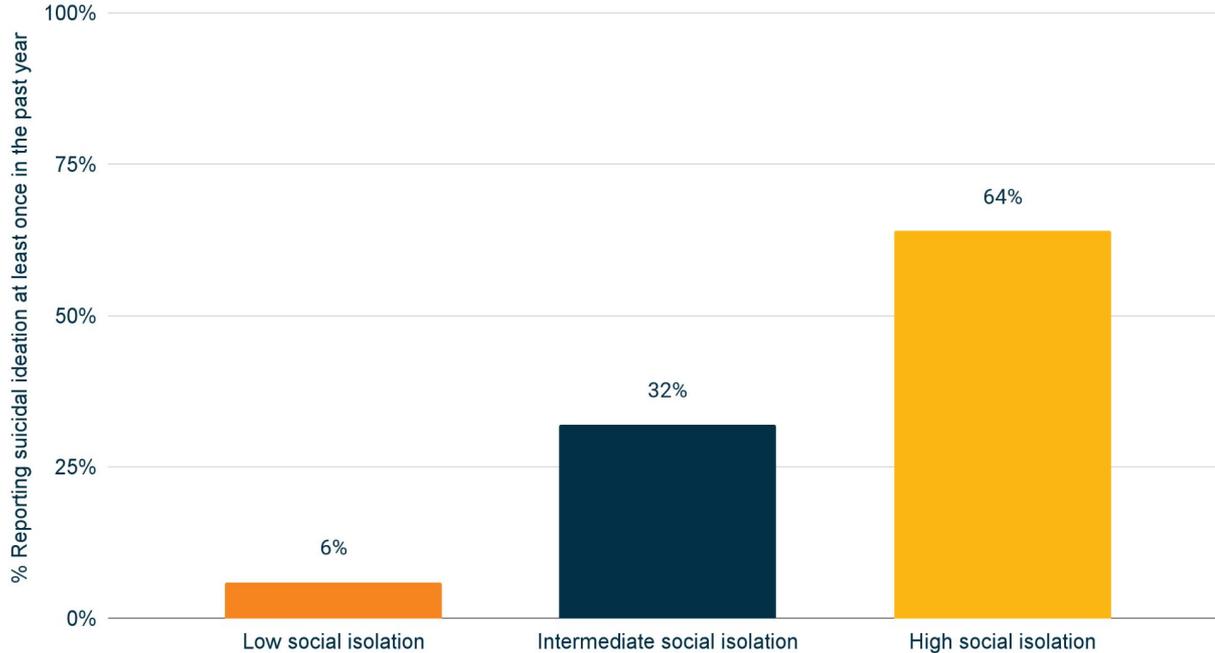
**Students who sleep 8 or more hours each night are less likely to report symptoms of depression.**

# Community Connectedness Protects Teens from Depression



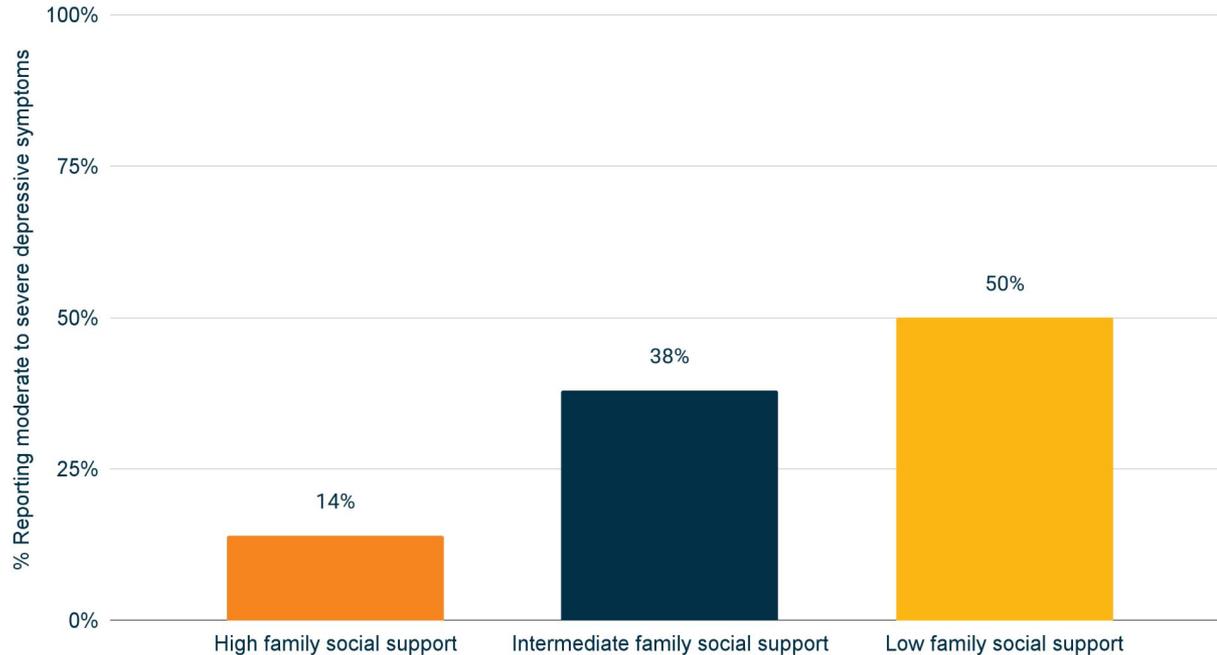
**Students who feel connected to their community are less likely to report symptoms of depression.**

# Social Isolation is a Risk Factor for Teen Suicidal Ideation



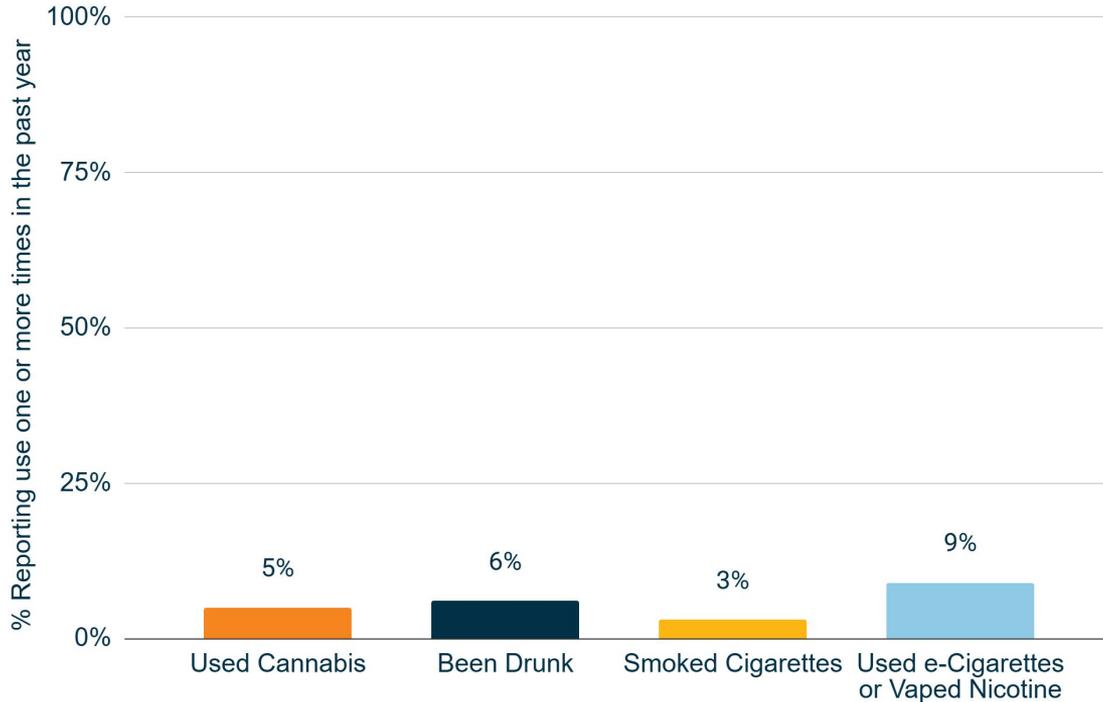
**Students who feel socially isolated are more likely to report suicidal ideation.**

# Family Social Support Protects Teens from Depression



**Students who feel emotionally supported by their families are less likely to report symptoms of depression.**

# Youth Substance Use by Category



**Students were asked “In the past 12 months, how often have you...”**